



PERSONAL TRAINING TERMS AND CONDITIONS

Cancellation Policy

Clients must provide at least a 24-hour notice of cancellation from scheduled appointment time. If notice is not given within this timeframe, your session will be deducted from your account.

Training Package Terms

Please be aware of the following terms that apply to all personal training sessions. Any unused sessions will be forfeited at the end of the term. Packages begin on first day of use.

- 1 session expires 30 days from purchase (does not apply to gift certificates)*
- 6 sessions expires 3 months after first session*
- 12 sessions expires 6 months after first session*
- 24 sessions expires 9 months after first session*

Effective September 1, 2016, personal training packages will be deducted after each session has been completed and/or for any late cancellations (less than 24 hrs. notice) in addition to any regularly reserved appointment that you are unable to keep. Please note that you will have the opportunity to make up missed appointments if advance notice has been given and a time can be reserved on the training schedule.

Personal training packages are non-binding and can be terminated at any time. No refunds will be made on any package or session purchase. Sessions are non-transferable.

I understand and agree to comply with the terms above.

Print Name: _____

Signature: _____

Date: _____